



Arnold Nursery School
and Children's Centre

Week 4 Meals

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Bean Pasta Bake	Meatball Bake & Spaghetti	Salmon, New Potatoes, Peas & White Sauce	Chicken Wraps, Salad & Tortilla Wraps	Cottage Pie, Cabbage & Gravy
Fruit Salad	Ice Cream Roll	Smoothie & Biscuits	Rice Pudding & Jam	Fromage Frais
Cheese & Veg Potato Bake	Chicken Noodle Soup & Crusty Bread	Chilli & Rice	Fish Pie & Green Beans	Tuna Mayo, Sweet Corn Pasta & Salad
Fromage Frais	Sponge Cake	Fruit Salad	Jelly & Ice Cream	Treacle Sponge & Custard

Please note this is a VEGETARIAN menu all "meat" products are Quorn

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