



The Arnold Centre
for children and families

A Sure Start Children's Centre

MENU

Week 1

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza & Salad	Salmon Pasta Bake & Broccoli	Meat & Potato Pie & Carrots	Lasagne & Garlic Bread	Fish Fingers Potatoes & Beans
*****	*****	*****	*****	*****
Chocolate Muffins	Fromage Frais	Fruit Salad	Rice Pudding & Biscuits	Jam Sponge & Custard

Tea

Meatballs Savoury Rice & Gravy	Sausage, Egg Beans, Bread & Butter	Chunky Vegetable Soup & Crusty Bread	Cheese, Bacon & Potato Bake with Mixed Vegetables	Chicken Supreme & Vegetable Rice
*****	*****	*****	*****	*****
Ice-cream cones	Banana Angel Delight	Cake	Fruit Jelly	Fruit Salad

Please note this is a VEGETARIAN menu all "meat" products are Quorn